

ENIEC Newsletter



September 2014, no. 66

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ENIEC meeting ISTANBUL 15-17 APRIL 2015!



News from the Chairman

Dear members of ENIEC!

It has been a long wonderful summer, but now most of us are back at work and busy with our lives. Let's take a moment to think about all the warm summer days we experienced this year, the sun, the warm summer breeze, the waves in the sea... all of those things that made the summer of 2014 so special. I need to think about these wonderful memories, because busy seems to be the word of the month. Not just for me, everywhere I look I see people who are busy, busy, busy. My fellow board members and I have actually had a hard time finding a day when all of us can meet, because we are all so busy. But finally we got it right, and last week the Board had its first meeting since Oslo.

We talked about some of the issues from the General Assembly in Oslo, such as the upcoming 10 year celebration and how to communicate as members between meetings. You can read more about our meeting in the minutes. But of course the most important thing is to ensure is that we have a place to have our Annual Meeting 2015... And we are happy to confirm that the Annual Meeting 2015 will be in Istanbul, Turkey! Sema is our wonderful ENIEC member in Turkey who has taken on the responsibility of arranging the event and already many things has been taken care of. Thank you for your work so far, we

are all looking forward to coming to Istanbul. And even though we (at the moment) don't have that many members in Turkey I am sure that some will follow now that ENIEC will have a meeting there (I think this is already the case – welcome new ENIEC members from Turkey!). Fortunately you are not alone in arranging the meeting. Sema has a group of supporters, Deniz helps out from the Netherlands and there is also a group of volunteers in the Netherlands helping out with the program. Board member Kristel is our 'rock' when it comes to arranging meetings and supporting potential organizers. Thanks to all of you for your efforts for ENIEC – I am sure this will keep you busy, busy, busy, but I am also sure that your efforts are appreciated and will pay off for all members of ENIEC.

So it is time to bring forward your calendars. Make sure you mark 15-17 of April for the annual ENIEC meeting in Istanbul, Turkey – then we will all be busy together!

Jenny Malmsten, chairman of ENIEC



Minutes board meeting ENIEC, September 12th 2014

1. Opening

Els unfortunately was not able to join the meeting due to illness.

2. Minutes last board meeting

The board approved the minutes.

3. Financial report

- Current status: the current status is still secure with a big reserve on the bank account
- Membership payments we have already 96 paying members (for the amount of € 14.048), so the situation is much better than last year. From 7 payments it is not clear which person has paid and from 9 members who joined the meeting in Oslo ENIEC has not yet received payments. At the end of the year Eva will remove members who didn't pay for 2 years (2013 + 2014) and they will no longer receive the newsletter. Kristel will check payments from the municipality of The Hague.
- Financial forecast: because we have more paying members this year, the Istanbul Organising Committee will receive more money for the organisation of next Annual Meeting.

4. ENIEC e-mail list

(How do we use it and how do we let members use it?)

There was a question from a member to use the ENIEC e-mail list to ask a question to members. The board thinks that the first option should always be to communicate through the newsletter.

5. Proposal about stimulating activities between meetings

There is a proposal from four Dutch members about stimulating activities between meetings and on the Annual Meeting. The board likes the proposal very much, and likes to give some advices and focus points for the proposal directed towards the exchange on the upcoming Annual Meeting in Istanbul:

1. The focus should be on presenting yourself as a member and your work and perhaps one question/ challenge/ issue where you want some advices from other members. The main purpose is to get to know

each other better. If the members want to use a YouTube film, or the essence of a cherished project, or a serious game or 3D creation (the board doesn't understand what a 3D creation session or serious game would look like) they can decide themselves.

2. It shouldn't be more than 2 hours, this means that all the presentations should be very short, in small groups (5-8 persons the board thinks should be the maximum to have an exchange), in which everyone can participate; perhaps there could be several rounds, so it needs to be well structured with a good process management.
3. The board especially likes the idea of getting to know each other better in an informal way by interviewing each other in small groups. To make portraits of each other, which can be in a Book of members, or posted on our FaceBook group or in a LinkedIn Group takes more time and efforts and may be too much organisation.
4. The board asks the members who set up the initiative to decide themselves if they want to organise it by themselves or also involve other members (from other countries).

6. 10 year celebration

Jenny will write to Liesbeth and Nicole and ask if they still want to be in an organising committee to celebrate 10 years of ENIEC. If yes, they could announce this in the newsletter and tell about their plans and involve more members. Also they can ask for other proposals, next to the proposal to write a booklet about migrants and old age in Europe of Grete Madsen, Jan Booij, Soheila Youssefi and Yvonne Witter. If not, the board will take over this issue again.

7. Issues from the General Assembly 2014

- Financial update Oslo 2014: the Oslo organising committee received the money from ENIEC.
- Other issues of the General Assembly 2014 are covered by other agenda points.

8. Istanbul 2015

- Program: the board thinks that match making with Turkish organisations is a good idea.
- Budget: the budget seems to be secure.
- Communication: the Turkish Organising Committee suggests 15-17 April 2015 for the ENIEC-meeting and the board agrees with this. The registration will start in January. In December the membership payment forms for 2015 will be sent out by Eva (because membership payment is a prerequisite for participation in the Annual Meeting).

9. Host City 2016

The board has communicated with potential partners for organising the Annual Meeting in 2016.

10. Meetings 2015

Next board meeting will be in Istanbul at the end of January or early February.

11. Miscellaneous

The board had a discussion about the general e-mail address of ENIEC on the website and decided that Jenny will ask Jan to remove the general ENIEC e-mail address from the website and put the names, e-mailaddresses and short description of tasks (who to go to) of the board members on the website (Eva for membership forms and payments, Els for financial administration, Kristel for payments, new members and organising committees and Jenny for general questions about ENIEC).

Programs/Articles/Media



Changemaking

ENIEC-member Jan Booij has -together with Thijs Vink who supports ENIEC every year- written an interesting booklet about culture sensitive care. They have been interviewing fourteen important people in the field of intercultural care in the Netherlands like Freddy May, Harry Moeskops, Lex Roseboom.

The Minister of social affairs Lodewijk Asscher and Martin van Rijn, Staatssecretaris van Volksgezondheid, Welzijn en Sport wrote the foreword of the booklet and support the message of the booklet. They both say that every organisation has to speed up with existing developments.

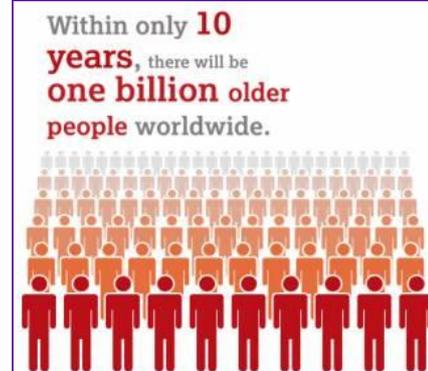
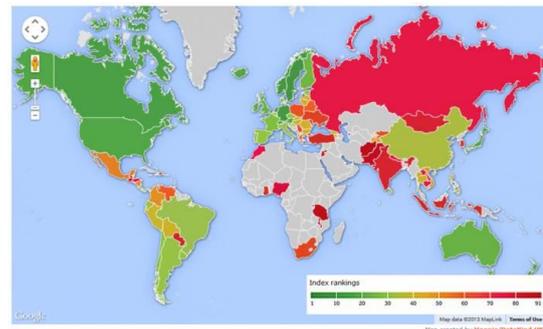
Interculturalisation is not free of obligations anymore. The booklet is not the end of the process, it is a step in the direction of consciousness but also towards a superdiverse society.

Take a look at the site of Jan and you can download the booklet with its beautiful pictures and interesting stories as well:

<http://www.janbooij.nl/36-jan-booij/302-boek-voor-t-gaan-in-verandering>

Global Age Watch Index

The new **Global AgeWatch Index** launches on 1 October 2014. The Index ranks countries by how well their ageing populations are faring based on income, health, employment and education, and enabling environment. **Sign up now to receive an email alert on 1 October!**



The first ever [Global AgeWatch Index](#) to measure quality of life and wellbeing of older people around the world launches on 1 October.

Source: www.helppage.org

The Truth about Aging Populations

It has become fashionable to issue dire projections of declining prosperity based on demographic aging. But is that really such a problem?

More information:

<http://www.karakters.org/component/content/article/79-nieuws-karakters/309-the-truth-about-aging-populations>

ICSW speaks up on the issue of older women and the Post-2015 Development

The International Council on Social Welfare (ICSW) promotes gender equality for girls and women of all ages. Older women are particularly disadvantaged in relation to poverty and development strategies worldwide. With the continued ageing of the world's population, this must change.

More information:

http://icsw.org/doc/2014-05-Global_Cooperation-Eng.pdf

Older women in non-traditional family arrangements most disadvantaged in access to home-ownership, according to Families and Societies research

More information

<http://www.age-platform.eu/age-work/age-policy-work/anti-discrimination/lastest-news/2223-families-and-societies-reports-discrimination-against-older-women-in-access-to-home-ownership>

Final project report presents good practices to better prepare for later life

The final evaluation report of the "Think Sooner About Later" ("Pensez plus tôt à plus tard") project, in which AGE was involved and which aimed to help people better prepare pension age and old age, is now available here (également en version française). The document highlights the results of the discussions between AGE Platform Europe and other partners in the non-profit sector and present a selection of good practice projects and initiatives around Europe.

Source: www.age-platform.eu

Congress



Groningen, The Netherlands October 8 - 10

ScanBalt Forum 2014 Active and Healthy Ageing

The Healthy Ageing Network Northern Netherlands (HANNN) organizes this congress that will be focused on the scientific and bio-economic aspects of the demographic change that take place in Northern Europe

<http://www.scanbalt.org/press/news+archive/view?id=3041>



Lisbon, Portugal - October 23

International Society of Geriatric Oncology

SIOG annual conference is the leading conference for experts in the field for geriatric oncology. The event allows for important improvements in the understanding and the practice of this multidisciplinary approach when treating senior adults with cancer. fields.

<http://www.eugms.org/index.php/meetingcourses/othermeetings/379-oncology-portugal>



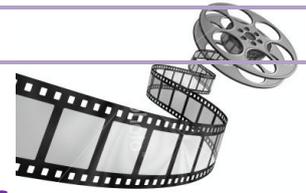
**Bergisch-Gladbach, Germany
November 27-28
European Interdisciplinary
Conference "Ageing and Safe
Mobility"**

The Conference will focus on the road safety problems of elderly road users. The convention will aim at elaborating policy recommendations concerning implementation of available road safety evidence based research results.

http://www.bast.de/EN/Service/Events/2014/agingconference/aging-hidden_node.html

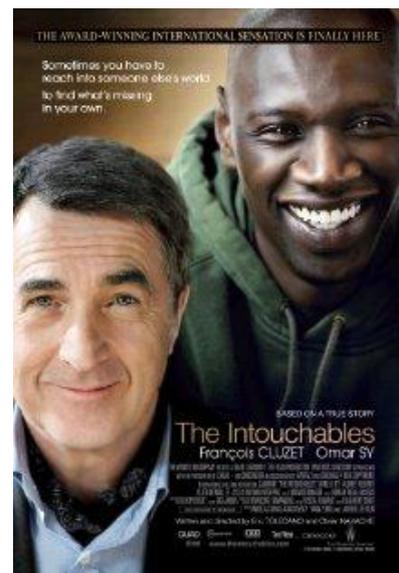


Movies



The Intouchables

It is a 2011 French comedy-drama film directed by Olivier Nakache and Éric Toledano. It stars François Cluzet and Omar Sy. Nine weeks after its release in France on 2 November 2011, it became the second biggest box office hit in France, just behind the 2008 film *Welcome to the Sticks*.^[2] The film was voted the cultural event of 2011 in France with 52% of votes in a poll by Fnac.^[3] The film has received several award nominations. In France, the film was nominated for eight César Awards and earned Omar Sy the César Award for Best Actor.



Blog about Dementia for ethnic minorities in the UK

What dementia means for ethnic minorities in the UK

By [Baber Malik](#) on 29 July 2014



It is reported that there are approximately 800,000 people living with dementia in the UK, 15,000 of whom come from Black and Minority Ethnic (BME) communities. The latter statistic is concerning because many of the people from BME groups living with dementia will receive no support or will be diagnosed too late for symptomatic treatments to help. There are several reasons for this. Predominantly, within the BME community, fewer referrals from GP's reach a psychiatrist or neurologist. This can result in misdiagnosis, inappropriate treatment and ultimately a heavier burden on families and society to manage. One of the main reasons for lack of referrals from BME groups is due to inadequate diagnostic assessments. The thinking and memory tests that are carried out in the GP clinic compare performance to the majority White British population norms. So, the lack of BME norms on these tests is a huge hindrance in trying to reach a diagnosis of dementia in those people.

Cultural differences

The Pakistani community is the largest understudied ethnic minority group in the UK.

The Pakistani community is the largest understudied ethnic minority group in the UK, especially in Yorkshire and this has been the prime focus of my PhD. The aim was to study cultural differences in certain screening tools that are used to confirm a diagnosis of dementia in memory clinics. I also looked at standardising neuropsychological assessment tasks, translated and modified into Urdu/Punjabi so that Pakistanis can be tested in their own language, hopefully aiding better diagnosis; many Pakistanis now over the age of 60 and considered an 'at risk' group do not have the capacity to complete neuropsychological testing in English. I aimed to collect lots of data on young and elderly volunteers across the Yorkshire area of Pakistani ethnicity in

order to help with standardising these tests. However, I did encounter problems with this, especially due to the stigma associated with dementia. Speaking about dementia, or as it is directly translated into Urdu as 'insanity' or of 'unsound-mind', was not as well received as one would expect in the 21st century when the likes of meat-wearing fashion is deemed almost popular in the celebrity world!

Many Pakistanis, and the same could probably be said amongst other ethnic minorities, did take very well to the idea of someone from their own ethnic group approaching them, so data collection through a snow-balling sample was made relatively easier. The research findings suggest that education level, as well as age and cultural differences should be accounted for when testing Pakistanis with neuropsychological tests. This will give a better representation of the cognitive performance of these individuals than if we were to compare them to the general white British population.

Reducing stigma

My PhD was partially funded by Alzheimer's Research UK for which I am forever grateful and it did mean that I could travel across the different locations with ease while collecting data on over 200 people. There is a lot more however, that needs to be done not only to lessen the burden on families and society, but also to reduce some of the stigma that still prevails amongst ethnic minorities. The Prime Minister has brought attention to dementia, by [launching a challenge](#) to find a cure by 2025. However, in order for this to happen we must not overlook the problems that BME groups face, but rather aim to understand and appreciate the differences in what dementia means for ethnic minorities in the UK and on a global scale.

Quotes of the month

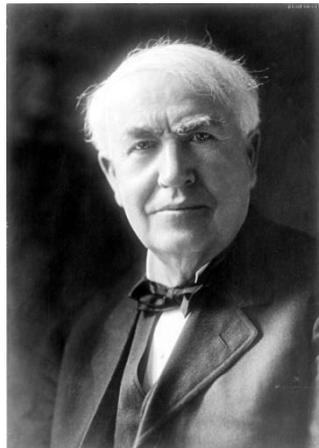
The most dangerous phrase in the language is "we have always done it this way"

Rear Admiral Grace Hopper



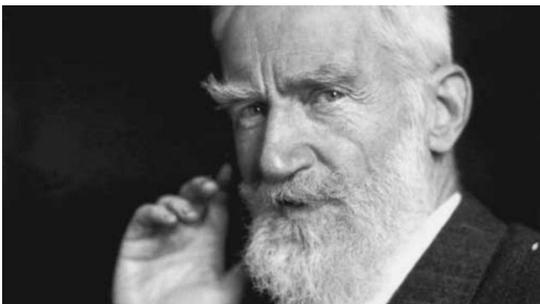
"Just because something doesn't do what you planned it to do doesn't mean it's useless"

Thomas Edison



*"life isn't about finding yourself
life's about creating yourself"*

George Bernard Shaw



New ENIEC members

Payman Hanifi Moghaddam from the Netherlands

Zeynep ÇİÇEK from Turkey



www.eniec.eu

Join the ENIEC **LinkedIn** group,
become a follower of @ENIEC on
Twitter

and join the ENIEC group on **Facebook**
<https://www.facebook.com/groups/59752467020/>



When can you expect the ENIEC newsletter?

Around the: 26th of October 2014

Deadlines:

Before the 15th of the month that the newsletter will be there, all input should be sent to the editors.

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