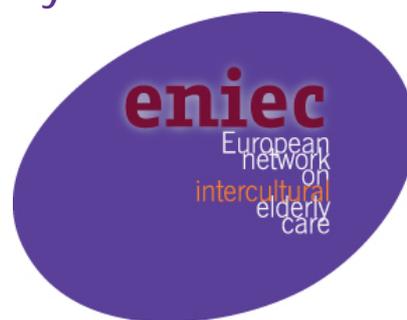


# ENIEC Newsletter



September 2011, no. 45

## Index

- ENIEC is growing
- ENIEC meeting Amsterdam
- PS...good to know
- Short cut in cultural things
- PS...theories, studies, books...
- Social media and ENIEC
- The 100th member of ENIEC
- New Eniec member
- Quotes of the month
- Presentation from an Eniec member
- Overview of deadlines

## Growing bigger and bigger

End of this month we will have our second boardmeeting, this time in Amsterdam. The organising committee Amsterdam 2012 will inform us about the developments and we will visit the location of the meeting.

We will have our meeting on Friday september 30. Although we have lots of points to discuss, all members are welcome to suggest topics for the agenda.

Biggest challenge for the board is finding the host city 2013. But there are some developments and we hope that we can tell you more in the next newsletter.

An important point on the agenda is also the election of the new board. New kids on the block are needed.

As you see, we are still growing. We passed the 100 members now. We started

with 35 in Copenhagen and every year we grow. It's important to keep the good energy with is an important part of ENIEC. The bigger you grow as organization, the more difficult it is to keep it.

In some months we will hear more about the Amsterdam program. I know that they are very committed to organise interesting creative days in March for us as ENIEC members. As you know the meeting will start on March 21 in the evening till friday afternoon March 23 and the final program will be published on our website [www.eniec.eu](http://www.eniec.eu) in December 2011.

Thanks to the editors - HelenaBjurback, Freddy May, Lola Sanchez and Yvonne Witter who made an interesting newsletter again with news and introductions all over Europe.

Next month more about the results of the boardmeeting.

Jan Booij  
Chairman

## ENIEC meeting Amsterdam

The ENIEC meeting in 2012 will take place in Amsterdam. Of course you have all written this already in your agenda: It will start at Wednesday the 21st of March in the evening till Friday afternoon March 23. You will read more in the coming months!

## PS....good to know

ENIEC –member Yvonne Witter (the Netherlands) has finished her research about circular migration.. The research '*do not live where I was born*' has been done within the framework of a final master thesis of the European Masters of Social Gerontology of the Free University of Amsterdam. The research is about older migrants who live a part of the year in their country of origin and in the country where they normally live, the Netherlands. Older migrants choose this 'circular migration' because they like to have the both of best worlds. They stay three to six months in the country where they were born. They enjoy the benefits of living in the Netherlands, close to their (grand) children and other relatives. But they also enjoy the benefits of the country where they were born: the culture, native language, warm climate and other relatives and friends.

The aim of this research is to get insight in this type of migration. This research is a qualitative research. Twenty two retired migrants of 55 years or older have been questioned. Two of the largest migrants groups have been questioned; Turkish and Surinam people. Those two groups form the largest migrant groups and they are the most active circular migrants. Older migrants are not always well-informed about the services that are available. It is important that professional organisations in collaboration with migrant organisations give clear information about all possibilities.



One of the conclusions were: Older migrants have a relatively negative image of residential care and of nursing homes. It will be useful if care organisations open the doors for older migrants to organize informal meetings and to continue daycare projects as much as possible. Older migrants have a lot to offer and like to contribute to society, it is important to use their talents. Circular migration has an extremely good influence on the well-being of older migrants. If they have to stop travelling because of physical problems, it may have a negative effect on them. Their country will always stay on their mind and in their hearts. Let us support them as much as possible in their choice to travel between their countries.

The report starts with a short summary written in English.

[http://www.kcwz.nl/doc/kleurrijk/Thesis\\_1\\_kwoonietwaarikbengeboren.pdf](http://www.kcwz.nl/doc/kleurrijk/Thesis_1_kwoonietwaarikbengeboren.pdf)

<http://www.kcwz.nl/actueel/specials/gebor-en-in-het-buitenland-oud-ge-worden-in-nederland>

## Short cut in cultural things

### MOVIES

#### ENIEC & China – Projects together.

If you click the link below you get an 8-minute movie to see one of the business that members of ENIEC are carrying on in China, namely connecting healthcare organizations in China (Suzhou) and Europe. These organizations have a long term cooperation on substantive issues.

In recent years, there are several organizations connected and there are clear results obtained in learning from and improving the quality of care and service.

If you want to hear from these increasing connections and relationships in China and our approach click on following link (Dutch):

[http://www.youtube.com/watch?v=r\\_Or6684p1w](http://www.youtube.com/watch?v=r_Or6684p1w)

## PS... Theories/ Studies/ Programs/ Books

Did you know that.....

Healthpreventive Inspiration from England!

<http://www.walk4life.info/> -Walking groups! The design of the website and its concept is healthpreventing and inspiring! - Check out this website and maybe you will become a healthpreventive walk-leader for elderly people!

Healthy Ageing a challenge for Europe!

<http://www.fhi.se/en/Publications/All-publications-in-english/Healthy-Ageing--a-Challenge-for-Europe/> - Recommended Reading! By 2025 about one-third of Europes population will be aged 60 years and over and particularly rapid increase in the number of people aged 80 years and older. The project has a holistic approach and with ten major topics and crosscutting themes: socioeconomic determinants, inequalities in health, gender and minorities it will guide you through some interesting reading. It also points out good practices from Austria, England, The Czech Republic, Finland, Italy, Netherlands, Norway, Scotland, Sweden, and points out recommendations for healthy ageing.

### Terry Pratchett: Choosing To Die.

In a frank and personal documentary, author Sir Terry Pratchett considers how he might choose to end his life. Diagnosed with Alzheimer's in 2008, Terry wants to know whether he might be able to end his life before his disease takes over. Traveling to the Dignitas Clinic in Switzerland, Terry



Watch online:

<http://topdocumentaryfilms.com/terry-pratchett-choosing-to-die/>

## Social media and ENIEC

Again, we will point attention to this:

- Twitter - @ENIEC
- LinkedIn - <http://www.linkedin.com/groups/European-Network-on-Intercultural-Elderly-1836911>
- Facebook - <https://www.facebook.com/group.php?gid=59752467020>

It's always easy to make your own account and it makes that you more easy can follow all the ENIEC developments and news.

## The 100<sup>th</sup> member of ENIEC



Welcome Mehmet Uygun as our 100<sup>th</sup> member of ENIEC. Mehmet is always interested in other cultures, knowing other peoples and share experience about intercultural societies. That's the main reason to become an ENIEC member. Mehmet is advisor on the beat and he supports groups of inhabitants and active people in their vicinity. Beside his job Mehmet is also active in politics; since 1990 in Amsterdam and since 2011 in the province of North Holland. As Mehmet has so much energy he also established a foundation for *migrants* with cancer (SAK). This is a sad story because he lost his son by cancer. That's why he wants to help other fellow-sufferers with information where to find the right help for this terrible disease.

Talking about interculturalisation Mehmet considers this as an enrichment of every society. Nobody is better than another; we all are equal and we must live together without problems. In the ENIEC relation he can contribute something positive to this ideal. People need each other more than they think.

### New ENIEC member

We like to welcome a new ENIEC-member: Ursula-Georgine Småland Goth from Oslo, Norway (her membership officially starts at January 2012). Have fun and share your knowledge, Ursula!

### Quotes of the month

**Rene Dubos** (U.S. microbiologist and experimental pathologist, 1901-1982)  
"Human diversity makes tolerance more than a virtue; it makes it a requirement for survival"

**Anne Frank** (German-Jewish diarist, 1929-1945)  
How wonderful it is that nobody need wait a single moment before starting to improve the world.

### Presentation of an ENIEC member

#### *Sigurveig H. Sigurdardottir*

#### Presentation of an ENIEC member

*Sigurveig H. Sigurdardottir*

**Born:**  
*In Reykjavik, Iceland.*

**Home:**  
*Kopavogur, Iceland*

#### **Profession:**

*I am a Social Worker and an associate professor at the Faculty of Social Work, University of Iceland since 2003. I teach about eldercare and matters of the elderly both on undergraduate and master levels and among other obligations I am responsible for the Nordic Master's programme in Gerontology, NordMaG. Earlier I worked for several years in the Geriatric department at the University Hospital as a Social Worker and within the Icelandic Red Cross as a director for the Reykjavik division.*

#### **Relation to ENIEC:**

*My Norwegian colleague Reidun Ingebretsen told me about ENIEC and as I am interested in services, support and care of older people with different backgrounds I became a member to get in contact with people with the same interests.*



#### **Thoughts about ENIEC:**

*I think ENIEC is a great platform for sharing information and experience on how to ensure older immigrants the best care and services. In Iceland we don't have so many older immigrants yet but the number will increase. Therefore it is important to follow ENIEC's work and learn the best practice in caring for older people with different needs and backgrounds.*

**Something about your personal situation:**

*I am married with three grown up children and three grandchildren aged 4-6 years old. My family is most important to me and the best moments are when we share time together. I love travelling with my husband both in Iceland and abroad. I am concerned with the quality of care of older people and my whole carrier has been devoted to finding new ideas for providing better care. My ambition is to teach my students more about the very best practice in eldercare so older people with different needs can live securely and with dignity in Iceland.*

*Have you been to the Annual Meeting in Goteborg, Sweden?*

*Oh, yes ! I really enjoyed the meeting and was inspired by the lectures and the site visits. Meeting so many people sharing the same interests and having the opportunity to discuss and learn what they are doing was great.*

**Where will you be in March 2012? –**

*I will be in Amsterdam, The Netherlands participating in the next ENIEC annual meeting.*

**Invitation –**

*I would like to pass on the word as next month's profile to the ENIEC member to Emeliana Gamba from Italy.*

When can you expect the Eniec newsletter?

Around the: 17<sup>th</sup> of October, 21<sup>st</sup> of November, 16<sup>th</sup> of January, 17<sup>th</sup> of February, 17<sup>th</sup> of April.

Deadlines:

before the 10th of the month that the newsletter will be there, all input should be sent to the new editors.

Who are the editors:

HelenaBjurback

[helena.bjurback@gmail.com](mailto:helena.bjurback@gmail.com)

Freddy May [fredmay@xs4all.nl](mailto:fredmay@xs4all.nl)

Lola Sanchez [mcs445@nyu.edu](mailto:mcs445@nyu.edu)

Yvonne Witter [y.witter@kcwz.nl](mailto:y.witter@kcwz.nl)

Send your items for the next ENIEC newsletter before the 10<sup>th</sup> of October 2011 to the new editors. Many thanks!

**Have a cosy Autumn!**

