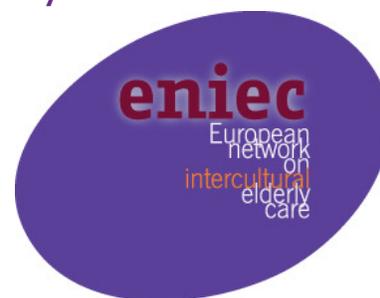


# ENIEC Newsletter



March 2013, no. 56

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## News from the Chairman

Recently I visited a conference in Gothenburg called *Welfare Technology in Elderly Care*. Several different technical solutions were presented such as the giraffe (this is a kind of robot that helps with communication). Also projects working to improve life for elderly in different ways presented their ideas. One successful project taught elderly people about the Internet, Facebook and how to handle cell phones. Talk about making a

difference in the everyday day life of elderly, helping them communicate with their loved ones!

One key lecture was Anders Ekholm from the Social Ministry in Sweden. He talked about the need for improving social care technically in order for society to be able to handle a growing aging population. Many of his ideas really struck a chord with me and one of his many one liners (he was very entertaining to listen to) was "the future is already here, it is just unevenly distributed", meaning that we already have many technical solutions for social care but for different reasons not everybody has access to them.

Anders mentioned that the Internet makes it possible for people to for example shop online and get groceries distributed to the front door. This isn't a miracle or even considered technically advanced, almost everybody shops something online today. And when you do, you can follow the package on its journey over the world, and know within the hour it reaches the nearest drop-off station to your home. There are so many choices you can make from the comfort of your own home today. But this of course does not apply if you are ill. If you have a fever, need antibiotics or other medical attention – you have to get out of your warm house to go to the nearest medical facility or pharmacy. With examples like this Anders showed the audience that we need to think in a completely different way when it comes to social care in the 21<sup>st</sup> century. And as the project I mentioned before shows, elderly

people want to learn how to do things online. Now it is time for society to provide solutions that are both technically advanced and adapted to the needs of the elderly generation of today. And to avoid misunderstandings, of course you should be able to do things without the Internet or other technical solutions if you want to – my point is that there should be a choice and an aspiration for development, even within the traditional dominion of elderly care.

When I go to these kinds of events I see it as my duty to ask questions about technology in relation to the needs of migrants. So, as always, I asked what is being done for elderly migrants and if technical solutions are adjusted to migrant needs such as adaptation of language (which I know for a fact is rarely the case). Everybody agreed that this is important and during a break I was approached by a company that is trying to start a language service online suited for elderly care. I've said this before and I'll say it again. The technical solutions are available. We just need to find a way to make them functional, economical and usable within elderly care. Afterwards my colleague Gittan, who you all know from ENIEC, asked a really good question. Are we employing the right people in elderly care today, mainly focusing on people with nursing skills and experiences of care? Maybe now is the time for the entrepreneurs, the thinking-outside-the-box people to enter the arena of elderly care for new ideas and solutions to take place in collaboration with those who are professional care givers. Remember that the future is already here. We just need to figure out how to use it within elderly care.



Jenny Malmsten,  
chairman of  
ENIEC

## Country-wise – contribution from the Belgian members

Biographies from the members of the organizing committee ENIEC Brussels 2013 and their organizations



### 1. Olivia Vanmechelen

Brussels has been her home –and working place for over the last 20 years. Olivia started as a lawyer in 1992 but after one year, she left the bar to turn to research and policy making jobs for the Flemish government. Olivia has worked on different projects, mostly related to integration, equal chances and welfare policy in Flanders and Brussels. Since September 2012, she works as a staff member at the "Kenniscentrum Woonzorg Brussel", an expertise centre.

This knowledge centre (centre of expertise) elaborates studies, concepts and projects on homecare services and residential settings for elderly in Brussels. The main idea is to work within a home-and-care network in a local context. The goal is to start from the idea of "stabilize

the housing, mobilize care". The creation and adaptation of services also according to the needs and demands of older migrants is a big challenge in Brussels as they represent already 1/3 of the elderly population at this moment.

### **Organisation**

We experience an enormous lack of suitable facilities for elder in Brussels. Not only the number of elder in Brussels increases, also their diversity (socio-economic, origin, ...). Commissioned by the Flemish government and the VGC, the expertise centre develops new strategies and concepts to provide an answer to this gap. The aim is to keep elder and dependent people at home as long as possible.

**References** : "A close look at home care" (2012), "multicultural sensitive elderly care in Brussels" (2010), "Living without worries : 10 ways of living to think about"(2012)

**More info** : [www.woonzorgbrussel.be](http://www.woonzorgbrussel.be)

## **2. Els De Ganck**

Els is one of the two diversity consultants of the local service department of welfare in Ghent. Her job is to lead elderly of cultural minorities to the appropriate local welfare organizations by informing migrant elderly about the possibilities in home care: practically, financially and psychologically.

Els and her colleague guide migrant elderly to find the right care. They also guide professionals to help migrant elderly in a qualitative and culture-sensitive way. Els mediates and specifies cultural bottlenecks.

In their job, they smoothen and sustain the relationship between the migrant elder, organizations and professionals who provide home care.

### **Organisation**

The Public Welfare Department of Ghent (OCMW) offers help and service in home care through its local welfare centres. Also, we organize informative, recreational

and educational activities for elder in the centres. In order to make this home care service accessible and qualitative to migrant elder, and to encourage the elder in the neighbourhood to live independently at home in a qualitative way as long as possible, the OCMW has developed many initiatives in the past few years.

**More info** : [www.ocmwgent.be](http://www.ocmwgent.be)

## **3. David Talloen**

Since 1998, David works at the Welfare Department of the provincial government of East Flanders (Belgium). During his career, he initiated, co-ordinated and supported several projects for ethnic minority elderly and has been very active in spreading these projects over Flanders. David still follows their evolutions. At this moment David focuses mainly on promotion of the process of interculturalization of public and private services (medical and social), in favour of migrant elderly.

David is also the author of the book "Zorg voor allochtone ouderen" (caring for ethnic minority elder) published in 2007.

### **Organisation**

Together with the governance of the province of Limburg, the province of East-Flanders is a pioneer in working with and for migrant elder in Belgium, thanks to the development of the project "Growing old in Flanders". The province of East-Flanders has contributed to different enquiries about this target group, has participated in many (international) focus groups and has elaborated, supported (financially and content) and monitored many different projects.

**References** : "Turkish elder : care needs and care offers" (Talloen: 1999), "Migrant elder : new risk group ?" (Talloen: 2001), "Care for migrant elder" (Talloen: 2007), "Migrant elder and the challenge for the care services for elder" (Talloen: 2008)

**More info** : [www.oost-vlaanderen.be/allochtoneouderen](http://www.oost-vlaanderen.be/allochtoneouderen)

(including a presentation in English for ENIEC 2008)

#### 4. An Janssen

An Janssen is a process manager interculturality for the Provincial Integration Centre in Limburg.

She supports health and welfare organizations in their capacity to be accessible for every member of society. This means : creating a state of mind in the organization to accommodate people from different backgrounds and with different abilities.

As the population grows older, care for the elderly is an important niche in healthcare for every member of society.

##### **Organisation**

The province of Limburg is, together with the governance of the province East-Flanders, a pioneer in working with migrant elder in Belgium. In 1998 already, both governances have created the project "Growing old in Flanders" and carried it out to other Flemish provinces and Brussels (The Suitcase project). Also, the provincial integration centre has been part of several focus groups and has developed and monitored many projects.

##### **More info :**

<http://www.limburg.be/integratiecentrum>

#### 5. Martine de Gerlache

Martine de Gerlache has worked in the computer business for 35 years. At the age of 54, after her contract stopped, she decided in 2006 to study management of homes for elderly people with the intention to develop open-alternative housing for elderly people and students.

The first house built with a promoter is now in development in Wallonia and will be ready in 2015. As the building of "her" house takes a very long time she has had the opportunity to work for one of the founders (MaisonMédicale du Nord) of Maison BILOBA Huis initiative since 2008 as co-developer, together with Linda Struelens from EVA vzw, another founder of this initiative.

For her, ENIEC is a very interesting initiative to exchange good practices about

creating a warm and better environment for elderly people from all over the world.

##### **Organisation**

This project developing organization in Brussels focuses on the socio-professional integration, having attention to diversity and gender. Participative work and involvement of the neighbourhood is hereby very important. The development of the Biloba-House in a multicultural neighbourhood called "Brabantwijk" is one of their concrete initiatives. Its goal is to encourage elder to live in their own environment as long as possible in a qualitative way.

More info: [www.vzweva.be](http://www.vzweva.be)

#### 6. Els Nolf

Els Nolf, social worker and anthropologist. She works at the council of Welfare and Health in Brussels. Their mission consists in increasing the accessibility of Flemish organizations of welfare for all citizens and helping them to establish quality service . They co-operate in close relationship with the French speaking organizations in Belgium and municipal services. We pay specific attention to the problem of poverty in the city of Brussels and to the diversity of its population. This organization co-ordinates intersectoral platforms, organizes education and stimulates to develop innovative projects and methodologies in the social sector.

##### **Organisation**

The Welfare and Health Council of Brussels stimulates an accessible welfare offer for each citizen of Brussels, by working in a transversal context to enhance quality and innovation of the Dutch speaking health –and welfare sector.

The WHC wishes to bring about a dynamic by taking initiative to encourage a strong co-operation between welfare professionals, giving innovative impulses to the government and the field, as well as signals and advises. Ovallo is the permanent council platform for migrant

elder. This platform was founded as an answer to the research that was held in Brussels, called "Aging, a colourful subject" (Berdai, S., 2004). In the meantime, OVALLO has organized many projects and other initiatives around this subject.

For more info:

[www.bwr.be/interculturaliseren](http://www.bwr.be/interculturaliseren)

## 7. Meriam El Osri

Mariam EL Osri works at De8, the Antwerp integration Centre, where it is her roll to support the process of interculturalisation within various home care providing organizations in the welfare sector in Antwerp.

She is leading a number of projects with providers of home care services for the elderly. Facilitating development of vision at management level, as well as the creation of intervision & training programmes for a full cohort of personnel, are a few of the challenges she has taken on successfully.

Moreover Mariam is involved in developing strategies to make quality care accessible to elderly clients from ethnic minority groups. She was a co-writer of the *Guide to Intercultural Care for the Elderly*.

### Organisation

The integration centre of Antwerp is the expert and innovator in positively handling ethnic-cultural diversity. Colourful aging and finding new ways of caring and solidarity is a key theme in their daily work.

**References** : "Multicolourful care, about influence of origin of professionals to their relationship with residents of a nursing home" (2010) and "Guide to intercultural elderly care" (2008).

**More info:**

[www.de8.be/](http://www.de8.be/) | [www.diversiteitwijzer.be](http://www.diversiteitwijzer.be)

## 8. Saloua Berdai

Saloua Berdai is co-ordinator of the team Welfare & Sports at the Antwerp integration Centre called "de8", lecturer at Karel de Grote Hogeschool and researcher. She combines her scientific management backgrounds and field experience in developing strategies of different projects, and of interculturalisation processes with accessible quality services for ethnic minority (elderly) clients as a goal. As a researcher she focused on the context and needs of ethnic minority elderly, intercultural care and the consequences of older age migration. She is also co-producer of the publication: *Guide to intercultural Care for the Elderly*. A Charles Ullens Award rewarded her efforts as one of the pioneers in focussing attention on the ethnic minority elderly and seeking solutions for their needs in 2012. This King Baudouin Foundation award is given to young researcher's work with relevance to policy makers.

### Organisation

See "The integration centre of Antwerp"

## 9. Stefan Van Eeckhout

Stefan Van Eeckhout was born in Mechelen on the 29<sup>th</sup> of april 1957.

In Leuven, he achieved a bachelor degree in Nursing. Later, at the university of Leuven, Stefan graduated as a Master in Health Care Management and Policy.

Since 1981 Stefan is employed by the OCMW of Antwerp (public social welfare center - city of Antwerp). From 1981 to 1990, he worked in the medical sector (hospital). In 1991, Stefan switched to the elderly care sector.

In 2009 he started his career in 'Zorgbedrijf OCMW Antwerpen' as a policy advisor care strategy and care innovation.

### Organisation

Fourty home care centres and a range of home care services, 2.600 service apartments and 17 nursing homes throughout the city of Antwerp, "Zorgbedrijf Antwerpen" is in fact the

biggest player in the field of home care. In their search for renewal and improvement, the biggest challenge for them too is the increasing diversity in the elderly population.

**More info :**

[www.zorgbedrijf.antwerpen.be](http://www.zorgbedrijf.antwerpen.be)



## Articles

### *European report on the integration of migrants*

On February 14, the EP Employment and Social Affairs Committee adopted a report on the integration of migrants, its effects on the labour market and the external dimension of social security coordination.

Recognizing that qualified migration can make a key contribution to resolving the dual dilemma Europe is currently facing - decline in the working-age population and shortage of skilled workers - MEPs called for the establishment of a clear strategy for immigration, notably to improve their integration on the labour market, fight against discrimination and end violence against migrant women.

More particularly, the report calls on the necessity to build an inclusive society, granting access to the migrants to the labour market, institutions, education, social security, healthcare, access to goods and services and to housing, and the right to participate in the democratic process. It also recognizes that migrant women are more often employed in fields, such as the informal care sector, which are not recognized by some of the Member States' social security systems, having as a consequence no access to a pension scheme on retirement and therefore being exposed to poverty in their senior years.

## Film Festival



European Year for **Active Ageing**  
and **Solidarity between Generations 2012**



Film Festival and Closing Event

***Forever Young***

February 28, 2013

A compelling and challenging celebration

On February 28 the [Dutch Informal Network](#) involved in the *European Year for Active Ageing and Solidarity between the Generations* brought together more than 300 guests at its EU 2012 Closing Event. Representatives from various generations, cultures and interests attended an all-day programme of films and documentaries combined with demonstrations, presentations, musical theatre performances and debate on the future of the care system. Former Health, Welfare and Sports minister Hedy d'Ancona chaired an inspiring event at the wonderful new [EYE Film Museum](#) in Amsterdam.

The day started with what proved to a very moving film: [A Late Quartet](#) in which an older violinist is confronted with Parkinson's disease and the future of his quartet is threatened with falling apart. The movie has a surprising and interesting end in which we see the lessons that have been learned. The day ended with a wonderful première of a documentary about the production of an inter-generational musical theatre play [Now or Never](#) (Nu of Nooit) and a live stage performance of some songs from the play by singers, both young and old. Once again tears were shed especially during the excellent performance of the Bob Dylan song *Forever Young*. In between the two premières the afternoon programme shed light on the Dutch involvement in the European year.

At the same time as the closing event, a Twitter debate on Active Ageing took place on [#ActiveAgeing](#), organised by European MP Lambert van Nistelrooij.

The Dutch need to rethink and restructure their public and private systems and finance for the provision of cure and care

in the light of population ageing. Former state secretary Marlies Veldhuijzen van Zanten called for new and innovative attitudes that extend beyond the formal debate on the seemingly unstoppable growth of an increasingly costly care system and beyond the policy language of governmental architects of care systems and care products, designed and defined at a national level (one size fits nobody). "The quintessential dimension can get lost in policy language. For 30 years I worked in health care and I know the sadness of too many people having no one to take care for them in the final phase of their life. Our society must deal with this without further expansion in professional care. It is up to active citizens to make a real change." She urged participants not to leave the event without a date with another citizen or NGO to discuss cooperation.

Young trade unionists were represented by Dennis Wiersma from [FNV Jong](#) who criticised insufficient awareness of the cost of care. In our depersonalised system patients often do not even know the price of a knee replacement for an older person, which is the equivalent of 15 years care premium for a young person. 'Young people would be happy to allow every older person the best treatment, but the cost must be on the agenda if we value mutual solidarity.' Wiersma is a strong propagandist within the FNV Trade Union (one million members) for a powerful dialogue and debate between generations. On the other hand, speakers from the professional care sector (Guus Bannenberg and Danielle Harkes) said that a knee or hip replacement is a good investment in any older person so they are able to remain active. Solutions must therefore be found somewhere else. The number of care homes is declining steadily and citizens' initiatives such as [Stadsdorp Zuid](#) in Amsterdam are taking on a lot of responsibilities in the informal care sector and are now even considering how they can assist not just their peers but also young people in our society who are in need of help or care. What can old and young people do for each other in the local informal sphere? It is obvious that

new technology is also filling in gaps in needs.

Marc van der Schee of the [National Think Tank](#) pleaded for more diversity in the range of available professional health care products and services, and for more prevention and a proactive attitude to make the Dutch population the healthiest in the world again.

The afternoon programme started with a [video message](#) from Paul Timmers from the [EU DG CONNECT](#), conveying congratulations from Commissioner Neelie Smit Kroes. He referred to current EU programmes for social and technological innovation and an EU innovation partnership for healthy and active ageing in particular, in which more than 3000 partners cooperate all over Europe.

Andy Klom, head of the [European Commission Representation in the Netherlands](#), congratulated the Dutch NGOs on their active involvement in EU programmes and underlined the present European effort to get the economies going while safeguarding social and cultural values. Andy Klom also expressed his hope for action during the European Year of Citizens 2013. He presented the awards for three national champions of social innovation. One award went to a very simple and accessible test on a website [Werkwijzer](#) providing quick feedback on the correctness of one's views about older workers. Another prize went to a grassroots initiative [OOPOEH](#) in which very old people care for pets during their owner's absence.

A wide perspective on EU inspired or financed Dutch participation throughout the year was offered in the next fast and challenging show. Brenda Gietema, head of the [European Social Fund AGE Network](#), presented messages and [Videos](#) identified and produced during the reconnaissance of best programme practices in the area of sustainable workability and employability of older workers. Marieke Zwaving presented educative and amusing films that were used at the [Healthy Ageing Summer2012 Campaign](#) held in the north of the Netherlands.

Ad van Berlo reflected on the [AAL FORUM 2012](#) in Eindhoven, the succesful

gathering of 1300 IT-experts and older clients actively involved in the [Ambient Assisted Living Program](#). He presented a successful working model of a robot assisting an elderly person suffering from mild dementia. We must have further commitment in the area of technology development and on the formation of 'communities of designers, producers and users' to take the next steps forward.

When an elderly lady in the audience explained her difficulty in understanding technology and pleaded for support from the younger generation, Herman Hofman, former chair of [SeniorWeb Learning Centres](#), and Ad van Berlo referred to other available learning opportunities offered by peers, younger and older volunteers teachers. Quite interesting and new was the recent establishment of a [Generation Lab](#) in The Netherlands presented by Pieter van Dijk, who explained the need for intergenerational learning and experimenting in order to bridge the gap between the generations on the basis of mutual understanding of each others' 'generational biography.'

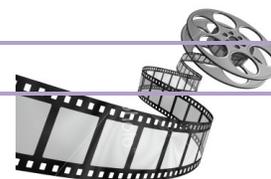
Initiatives in migrant's communities were also an exciting topic. Parts of an EU 2012 award-winning documentary [Actief Oud](#) was shown to the audience by Carol Burgemeestre (an English version will be available soon) and Yvonne Witter presented a short book she wrote on the issue of grandchildren of Spanish migrants confronted with dementia (['De juiste snaar'](#)). Yvonne would rather call this present EU theme year the *Year for Citizens' Initiatives*. When we move away from big government towards big society we need a lot of initiatives. "May your hands always be busy, may your feet always be swift," is a line from the famous Bob Dylan song *Forever Young*, the title of which was so ironically chosen as the title of this event. But this is wishful thinking for many people. There will always be a role for the public sector and professionals in achieving a better future for our care system.

*Ger Tielen - March 5, 2013 - g.tielen@art-age.nl*

The final event was organised by de [Stichting Art-Age](#) and made possible

through financial support by the European Commission, care provider ActiZ and the funds RCOAK and Sluyterman van Loo. [Info@art-age.nl](mailto:Info@art-age.nl)

## Movie



### Active Old – A Motivational film for Elderly Migrants

#### *Dutch spoken - voice-over in English, Turkish, Moroccan-Arab*

We are pleased to present to you the English version of the film *Actief Oud – een motivatiefilm voor migrantenouderen* by Stichting Voorbeeld Projecten.

The story on this film will be told by the elderly, professionals and volunteers from a variety of ethnic groups. They will explain the worth of e.g. volunteer work, walk-in activities and communes for migrant elderly in the ever lasting battle against loneliness.

The film *Active Old – A Motivational film for Elderly Migrants* was the Second-place European award winner of the European Year 2012 for Active Ageing and Solidarity between Generations in the category Journalists/Audiovisual.

The film was made possible by



[stichtingvoorbeeld](#)



with special thanks to

the English translation was made possible by



[http://www.youtube.com/user/toonbeeld1?feature=em-share\\_video\\_user](http://www.youtube.com/user/toonbeeld1?feature=em-share_video_user)

## New ENIEC-members

A warm welcome to our new members:

Alina Ahtamo, Finland  
Alte Maria Indiana, Norway  
Ineke de Kam, the Netherlands  
An Janssen, Belgium  
Kumar Bernadette, Norway  
Martina Magda, the Netherlands  
Lucia Martis, the Netherlands  
Spilker Ragnhild, Norway  
Caroline Steensels, Belgium  
Tjoa Twie Giok, the Netherlands

## Presentation of an ENIEC member



## Saloua Berdai

### *Born*

I was born in Tanger (Morocco) and raised in Antwerp.

### *Home*

My home is the city of diamonds: Antwerp. I lived for a few years in Brussels, but since 2003 I returned to Antwerp. The different faces of Brussels have always a special place in my heart.

### *Profession*

I am a master in Biomedical Sciences and in Management in Social Economy. After a short career as an academic biomedical researcher I chose to orient myself more society relevant domains. Now I am working at the Antwerp integration centre "de8" as team coordinator of team 'wellbeing and sports': a team of 9 nice, engaged and competent colleagues. Our goal is a society that acknowledge and welcomes the extra value of her ethnic-cultural diversity. We try to achieve that goal by developing innovative methods and tools as result of different projects with different partners and ethnic minorities and an answer to the different diversity challenges. We also support and advise different care and sport services in their interculturalisation process: an accessible qualitative service for ethnic-cultural minorities is the desirable result here.

'Once a researcher, always a researcher' is a saying that is applicable on me. Conducting research projects is a recurring thing in my work path. Since 2004 I focused on 'Ethnic minority elderly and health and care challenges' as a theme. I remember the first interviews with the elderly like it was yesterday...They have stolen my heart and influenced me as a person. This silent migrant generation has contributed a lot to our society but never claimed anything. It is then that I made myself a promise to give this silence a voice.

Fulltime working on ethnic diversity challenges in Antwerp is sometime very demanding. To find a balance and some distance I turned to my first love: biomedical sciences. Last year I started as a lecturer of biomedical sciences at the superior school: Karel de Grote Hogeschool. It seems that the variation of teaching students and leading a team,

sciences and ethnic diversity are a working combination for me.

### ***Relation to ENIEC***

Olivia Vanmechelen and David Talloen contacted me with the request to contribute to the organisation of the annual meeting in Brussels. I am thankful for their invitation. I was also privileged to meet Jan Booij who charmed me with his passion for ENIEC. Since I became member of the organising comity, I learned good things about ENIEC. A European network of people with a heart for ethnic minority elderly, wanting to chare their experience with colleagues is something that is needed to open the horizon of our thinking and to learn form each others experiences, challenges, analyses, ... The challenges concerning ethnic minority elders deserve the needed attention without problematizing this group of elders. These pioneers in getting older in a migration context in Europe, are neglected by policy makers for a while. It is good that individual professionals who haven't neglected them can meet and exchange their experiences with one focus: improving the situation for these elders. I am looking forward to finally meet the other members!

### ***Something about your personal situation***

As I mentioned earlier, I live in Antwerp. I live there with my husband and two daughters: Yara and Isra. They are 7 and 5 years old. We went back and forth between Antwerp and Brussels in choosing where to live. Now we found a 'modus vivendi' in living and working in the city of diamonds with getaways in Brussels. We are really 'city people'. The vibes of a city with all the possibilities, different backgrounds, creativity, fashion, architecture... are things that we need in our daily life. In Antwerp we have the MAS museum where nature, industry, culture, architecture and gastronomy meets each other: this is our favourite place in Antwerp to enjoy a break as a family. I recommend it to all ENIEC members when they visit Antwerp.

It is important for me to have an open view to the world and its different ways of living, thinking... The relativity of every thought, action and conclusion is something that I try to hold on. Reading and meeting different people is a way to achieve that. Another, much nicer, way is travelling. We try to travel as many as we can. I am happy to see that our daughters are getting the travel microbe and are interested in the different ways of living, the different languages and religions. It is natural for them to see this diversity as a normal real aspect of life. I hope that they cultivate this open attitude in life.

### ***Have you been to the Annual Meeting in Amsterdam, the Netherlands?***

Unfortunately I haven't been to the annual meeting in Amsterdam. I heard from my ENIEC colleagues that it was a good meeting and that the weather was nice. I hope to go the all the meetings that are coming!

### ***Where will you be in April 2013?***

Where will I be? I will be welcoming you to the best annual ENIEC meeting ever! We are doing our best to make it a memorable meeting with good food for your brain, stomach and hearth ☺

### ***Invitation***

I leave the choice to the newsletter editors.

When can you expect the ENIEC newsletter? Around the: 15th of May 2013

#### Deadlines:

before the 10th of the month that the newsletter will be there, all input should be sent to the editors.

#### Who are the editors:

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