

# ENIEC Newsletter



July 2015, no. 72

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## News from the Chairman

### Challenging

Being pushed back into a daily routine after an energetic annual ENIEC meeting is something that happens to me every year since I have been a member of ENIEC.

Each time I promise myself to preserve and follow up on the gathered energy during the annual meeting, so I can hold on to it as long as possible after the annual meeting. During the Istanbul meeting I found the solution to this challenge, it turned out to be quiet simple: you just become a board member of ENIEC and in my case even chosen to be the chair.

As board member you are easily tempted and challenged to hold on to the energy flow and commitment throughout the whole year until the next annual meeting. It turned out to be that I am not the only one. My fellow board members Eva, Lola and Kristel, with

whom I met up on the 12th of June in Berlin, are also full of fire and commitment to be part of ENIEC and the challenges ahead. It is a great feeling knowing that I am not the only one who is infected with the ENIEC bug and the energy that comes along with it. Over the years ENIEC has moved forward in becoming a growing network with more than 130 members from 14 different European countries. This is challenging from different perspectives. We ourselves have become an intercultural case study if we take a look at our Annual Meetings where all these different cultures/work ethics meet and are part of exchange and decision making. Furthermore the topic of intercultural elderly care is a dynamic topic that has grown in depth but also because of the diversity in member countries and different interpretation on the topic of intercultural elderly care. For example, does this include migrants, refugees and/or exciting native minorities. My aim and contribution is set on hoping that we can go more into depth the next few years and offer more space for discussions, exchange of expertise and follow up on these matters. Of course the General Assembly is important and checks and balances are a must. But my sincere hope is that we can put the emphasis on a more content driven network where we can have intense discussions, laughter and even maybe cry on the important topic of intercultural elderly care in Europe that

connects us all. You might call this quiet challenging. N'est-ce pas?!

Mohamed Baba, chairman of ENIEC



## Minutes ENIEC board meeting

**June 12th, 2015 Berlin**

Underlined = action needed by that board member

### 1. Opening and division of tasks between board members.

Mohamed was elected as the chair.  
Lola will do the financial administration (with help of Kristel and Els Nolf).  
The other tasks within the board stay the same (Eva: memberships, Kristel: payments, communication with host city, recruitment of new cities/members, of course the last item is under attention of all the board members!)

Mohamed and Kristel will change the board members at the KvK and check if the financial and yearly report has to be deponated by the Chamber of Commerce.

Foreword for Newsletter has to be written on a 2-monthly basis.  
Lola will ask the editors if a 2-month period is not too often/too big burden on the editor's team. Jan said that the Newsletter is an internal document, but if you write Newsletter in Google it is a public document on the website.  
The board will take the regulations regarding the Newsletter and more broad the intern and extern

communication with us in the strategy group (see Agenda point nr 4: - Content and form: how open do we want to be as an association? -How can we communicate internally and externally using our communication canals (like Face Book, Twitter etc)  
Jan puts info on the website until now; of course we could change that and put info on the website also as board members.  
Eva has given some suggestions to the editors about having more project information in the Newsletter.

### 2. Minutes last board meeting

The minutes were approved, some issues will be discussed at other agenda points.

### 3. Financial report

- Current status: around 50.000. Mohamed and Kristel will take efforts to change the bank account to ENIEC.
- Members payments. Eva explains the structure of the membership lists to Lola and Mohamed.
- Lola will send out an invitation for a joint Google Drive folder, so we can store and update there all the documents of the board of ENIEC.
- Financial forecast: in the strategy group we can also look at the budget and the (too) big reserve of ENIEC.
- Lola will ask to the editor's team to advice about the solution for the payments at the end of the year (because Harry, Margôt and Els have already thought about this and suggested a solution).
- Kristel will check the statues also what is the rules about getting people in and out. Another action for the board: check the statues if they are intercultural enough.
- We have around 130 members now.
- Mohamed will contact Jan about the special arrangement which was made years ago with the municipality of The Hague and that

we end this arrangement now (because it is out of date) that some members of The Hague can be a member of ENIEC for free because of this arrangement.

#### 4. **Issues from the General Assembly 2015 in Istanbul**

- We have to think about the insurance issue. Insurance should be paid by ENIEC, fit in an insurance during Annual Meetings. We will all look at information about this issue.

- To give follow-up to the assignments for the board set at the GA Mohamed will write an **email to all members** about our first meeting as a board, in which we gave follow up to 3 things:

**1. Working group on future of ENIEC** (members who already showed their interest to joint his group were: Frédéric Lauscher (Germany), Saloua Bendai-Chaouni (Belgium), Conny van Aalsvoort (the Netherlands), Harry Moeskops (the Netherlands) Hanna Rantala (Finland) and Salla-Maija Hakola (Finland)).

**2. Working group on exchange between members** (Nicolet van Eerd and Patricia van den Brink want to follow this up).

##### **3. 10 years anniversary.**

**1:** Kristel will email Frédéric about date options to have the meeting he offered by email (almost for free, especially free hotel costs fro several persons) in Frankfurt in which we combine the board meeting and a meeting with the working group on the future of ENIEC. Our options are first: 18 + 19 September, Second: 11 + 12 Sept, otherwise 14+ 15 or 15 +16 Sept.

**1+2:** We will invite members in this e-mail who were not present at the GA to inform us if they want to be involved. In the strategy group there is place for 1-2 more members. Members who want to think about the exchange activities have to contact Nicolet (Mohamed

will inform Nicolet separately about this).

Mohamed will also mention (in the mail and/or in the foreword of the next Newsletter), when he announces the meeting in Frankfurt that we didn't appoint budget for the strategy group during the GA/statement of accounts, so there is more chance this year that we will not stay within the set budget for the organisation of ENIEC in 2015.

**3:** 10 years celebration. Mohamed will also invite in the email that members can still come up with ideas for the Anniversary, which we will bring to the GA in 2016.

Mohamed will send out a draft agenda for the board meeting and draft programme for the strategic session, so we can work on this preparation by e-mail and using the Google Drive to store the documents.



#### 5. **Annual Meeting 2016: Berlin**

- The board had a very constructive meeting with the Berlin members/organizing committee (to be) with a good exchange of expectations. Kristel will send the report she made and information about organizing the Annual Meeting (the holy grail and programmes from former annual meetings) to the organizing committee.

- We talked about as well the content of the programme, the budget/funding and the GA-issues to be discussed.

- Before 14 July the board gets a definite go-no go answer from the 4 members/organizing committee (to be) we met in Berlin.

## 6. Host City 2017/recruitment of new members/countries

The board talked about the different options we have for the Annual Meeting 2017 (amongst which the offer from Pècs, Hungary where we have 2 members now). For recruitment of new members we need more time on the next board meeting(s) to inventarise the different contacts of the new and old board members.

## 7. Board Meetings 2015-2016

Next board meeting will probably be in Frankfurt in September (or otherwise October), combined with a strategy session with the working group on the future of ENIEC.

### Work in progress!



Next week, Saloua Berdai-Chaoui, Wendela Grondhout, Ineke de Kam, Yvonne Witter (unfortunately Jan Booij will not be there due to holiday) will meet in Belgium to talk about the Travel guide with older migrants in Europe. We have discussed the idea of preparing a booklet during the General Assembly in Istanbul. And The General Assembly decided to support this proposal.  
What is the idea?

In 2017 (10 years of ENIEC) we will publish a booklet with:

- 1 story/portrait about an elderly migrant from each country where we have ENIEC members. A personal story in a national context. *The older migrants guide us as main characters through intercultural Europe*
- Ultra short informative text about the numbers of migrants, history of migration, origin. A kind of fact box.
- A chapter about what ENIEC was, is and will be. Why it started, how it developed and a view on the future.
- A lot of excellent pictures of older migrants from different countries

We already have found some people who like to coordinate this for his/her own country.

We will inform you about the booklet every newsletter. If you have any ideas or suggestions, please, let us know!  
y.witter@kcwz.nl

### BLOG

My own home!

Most older people stay as long as possible in their own house. The Dutch government stimulate older people to think about their own future, about housing. They have to prepare themselves, early. But that is very difficult because no one is able to predict the future. And if you like to move to another place, it is not always easy to find the right home.

The grandmother of my husband has lived in her own big house till she was 99 years old. There was no warm water, no elevators, a lot of stairs and 'dangerous' carpets etcetera. Had she better moved earlier to a senior friendly home? For her it was important to go to the hairdresser, to the church and to the shops. If we visited her, she lent us her car but only WITH grandma included. An important

and nice condition of borrowing! She was happy in her house and neighbourhood.

My grandparents moved to an apartment in Amsterdam that was situated on the third floor. They were already 75 years old. Was that a good decision? Nowadays I would have recommend them the following:



1. I would recommend them to visit some meetings about adapting homes, in the Netherlands here are some public awareness campaigns, like [Lang zult u wonen](http://www.kcwz.nl/blog/2015/ik-blijf-thuis-5-suggesties-om-uw-eigen-keuze-te-maken). Maybe it was helpful, may be not.

2. Short movies

I would show them some movies about different housing projects, like cohousing. To discuss with them the advantages and disadvantages of the concepts. And to get a clear vision of their wishes.

<http://www.kcwz.nl/dossiers/woonvariantes/villa-begonia#films>

3. information on the internet

I would look together with them at the different websites about housing, adaptations and so on. In our country there is a special website with all kind of homes, social housing, like: [Woonz](http://www.woonz.nl)

The way you like to live is very personal. And it depends on a lot of factors like someone's health condition, life style, financial situation, if you live alone or with a spouse

There is more and more information available, there are some special fairs, like [Liever Thuis-beurs](http://www.lieverthuisbeurs.nl) and [50plusbeurs](http://www.50plusbeurs.nl). My grandparents and the grandmother of my husband stayed in their own houses.

With all the information that is nowadays available, they might have moved earlier. Or maybe not.....

I am wondering how this discussion will be like with older migrants. I think it will do a great part be the same but there are some differences. A lot of information is not available in different languages, And a lot of older migrants are recently busy thinking of ageing in the 'new country'.

<http://www.kcwz.nl/blog/2015/ik-blijf-thuis-5-suggesties-om-uw-eigen-keuze-te-maken>



*Yvonne Witter*

## SharePoint

The editors asked Barituka Vinei, ENIEC-member from Norway, a few questions. Read and enjoy...



*Barituka Vinei*

### **Tell us something about your personal life**

I am Barituka Vinei and was born in the Southern part of Nigeria. I now live in Norway with my wife and our little Miriam after a few years of study in the Jamaica. My journey from Nigeria to Jamaica to Norway has been pretty

'wild', as it forced me to reconsider my world-view over and over again. Today, the most important thing to me is to play a part in letting people know that they worth something, regardless of their background, situation or environment – and they really do! I spent my spare time singing, motivating the weak and vulnerable in society and of course with my little Miriam.

### **What is your profession and what does that involve?**

My profession is within the field of Public Health. I am currently working in the areas of Migration, Ageing and Health; ensuring that elderly immigrants in Norway have access to quality and equitable healthcare services.

### **What do you have to offer the other ENIEC-members?**

My background, education, work as well as interest put me in the perfect position when it comes to sharing good practices to other ENIEC members. We often talk about integrating immigrants into society. In the case of elderly immigrants however, it is important that both professionals and caregivers within the field, actively work towards integrating themselves according to the socio-cultural needs of those they are to serve – meeting them where they are.

### **Name one ENIEC-member you have met in Istanbul who made an unforgettable impression**

ENIEC is an organisation with so many wonderful people. Among them is Eva Rönkkö ☺. Eva, in my opinion, is an epitome of selflessness. She actively sees others before herself, a quality that represents what ENIEC primarily stands for.

### **Give us a recipe for a delicious Norwegian dish**

I have the singular privilege to introduce you to the Norwegian Fårikål. My apology to vegetarians as it is meat-based. My wife is from Southern Norway so you should not even guess what part of Norway this recipe come from ;) Visit

the site below for the recipe. You will also find a good picture of Fårikål in at the bottom of the website. Enjoy the meal!

<http://www.food.com/recipe/f-rik-l-norwegian-lamb-and-cabbage-stew-189134>



### **Something else you want to share with us?**

A song from me during our next ENIEC Conference ☺ That is if I get the privilege to attend.

[www.eniec.eu](http://www.eniec.eu)

Join the ENIEC **LinkedIn** group, become a follower of @ENIEC on **Twitter**

and join the ENIEC group on **Facebook**  
<https://www.facebook.com/groups/59752467020/>



When can you expect the ENIEC newsletter? Around the: 25th of August 2015

Deadlines:

Before the 15th of August, all input should be sent to the editors.

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